



8" White Whole Grain Sub



Item # 3044

Product Specifications*

Length:	8"
Width:	3"
Weight:	4.05 oz
Slice:	None

Packing Specifications

Packages:	10/6 count
Net case weight:	15.19 lbs
Gross case weight:	16.94 lbs

Product Handling

Keep frozen until ready to use	
Frozen shelf life:	180 days
Thawed Shelf Life:	3-5 days

*Product specifications can be changed upon customer request

Updated: 2/23/2018

Nutrition Facts

Serving Size 100 g
Servings Per Container 1

Amount Per Serving

Calories 240 Calories from Fat 25

% Daily Value*

Total Fat 3g 5%

Saturated Fat 1.5g 6%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 470mg 20%

Potassium 280mg 8%

Total Carbohydrate 46g 15%

Dietary Fiber 7g 27%

Sugars 4g

Protein 8g

Vitamin A 0% • Vitamin C 6%

Calcium 8% • Iron 15%

Vitamin D 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories 2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Ultragrain Flour (whole wheat flour [white winter wheat]), Water, Base (dextrose, vegetable shortening [Palm oil, soybean oil, mono and diglycerides], vital wheat gluten, salt, sweet dairy whey [milk], enriched bromated wheat flour [bleached wheat flour, malted barley flour, iron, niacin, potassium bromate, thiamine mononitrate, riboflavin, folic acid], nonfat dry milk, soy flour, mono and diglycerides with citric acid [used as an antioxidant], distilled monoglyceride, sodium stearoyl lactylate, diacetyl, tartaric acid esters of mono and diglycerides [DATEM], calcium propionate, malted barley flour, calcium sulfate, soybean oil, ammonium sulfate, enzymes, monocalcium phosphate, ascorbic acid), Yeast, Enriched wheat flour(wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), Calcium Propionate
CONTAINS: MILK, SOY, WHEAT